

3) Internalizing Disorders: Cognitive Behavior Therapy (CBT1001)

ONE DAY TRAINING

This is an introductory course. Participants will learn the theory and principles of Cognitive Behavior Therapy (i.e., the relationship between thoughts/cognitions, affect/feelings, and behavior).

TIME: 9:15 – 3:30 (Please note the new starting time)

AUDIENCE: (maximum of 40 per session)

DOH

- Mental Health Care Coordinators
- Mental Health Supervisors
- Family Guidance Center Trainers
- Quality Assurance Specialists
- Branch Chiefs
- CAMHD Service Reviewers
- Other CAMHD Central Office Administrators

DOE

- Educational Assistants
- Program Coordinators
- Principals
- Vice Principals
- District Education Specialists
- School Counselors

DHS

- Multi-Agency Care Coordinators

FAMILY COURT

- Probation Officers

PRIVATE PROVIDER AGENCIES for DOH & DOE

- Paraprofessionals
- Mental Health Professionals

PARENTS

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Island / District	Date	Location	Status
OAHU	October 28	Tokai University (\$2 parking per day)	Closed
MAUI	November 12	Puunene School	Open
HILO	November 19	Hilo Medical Center	Open
MAUI	November 22 9:00 – 12:00	Maui Family Guidance Center PLEASE NOTE: Open only to staff of the Maui Family Guidance Center	Open
KONA	December 10	Kona Airport Conference Room	Open
OAHU / Windward	December 11	DOE Windward District Office Building M, Ground Floor	Open
KAUAI	December 16	Kauai State Building Rooms A & B	Open